



[Lake Country Cyclists Member Group | Facebook](#)

[Lake Country Cyclists Website](#)

April 2025

From Jim Rasmussen, LCC Club President

Spring officially began on March 20th, but if you are a cyclist, you have likely embraced the new season as we have gotten some warm days with manageable winds that signal the real start of cycling season. There have already been a couple of Wednesday morning club rides, and one cancelled due to rain and wind. It has been fun to get out and ride with friends and start keeping track of miles ridden (with me, it seems like everything ends up in a spreadsheet!).

I hope to see many of you at our Spring membership meeting on April 29th - see the article about our speaker - and there will be updates from LCC officers about ride schedules, trail clean-up, membership survey results and other topics. The meeting is free but please register to attend from the link on Facebook.

The 2025 LCC ride schedule will soon be published, and you have the chance to host a ride or two - nothing happens in LCC without volunteer participation, so please consider stepping up to host a ride.

Our first trail clean-up day on Sunday, April 13th (weather permitting). There are also numerous regional rides available to sign up for, including the Bike to X-Out Fragile-X ride, the Bacoon Ride and of course RAGBRAI.

See you on the trails!

Jim



Spring Meeting, April 29 Ankeny Presbyterian Church

317 SE Trilein Drive, Ankeny IA

The meeting will start at 6:30, but please gather as early as 6 pm for some social time.

Zach Tecklenburg will be the main speaker, followed by the business meeting. Zach is the creator of DSM Bike Notes (Link Follows) [DSM Bike Notes](#)



From Zack, creator of DSM Bike Notes, here are some basics about him.

- I released my first newsletter in November 2025
- I release one story each week, the sole focus is on cycling in the Des Moines area
- My goal is to provide stories that nobody else covers, written specifically for an audience of cyclists
- This is a project I do on the side; I have a full-time job in communications in state government

-I worked for 15 years as a journalist in the TV news industry

Zach recently published information on bad behavior by cyclists in construction zones. It is a great write up about a small group of cyclists that do not make wise decisions about sticking to their route. Full credit to Zack Tecklenburg.

[Bad Behavior Out Of Control At Trail Construction Sites](#)

Following the main speaker there will be a short club business meeting with presentations by some of the board members.

Spring Trail Cleanup Dates - April 13th, rain date April 27th
meeting location TBD. Monthly cleanup of trail sections signup
[Trail Clean Up Signup](#)



Total Miles Ridden on Official LCC Rides in 2025 (as of 3/16)

738 miles

Ride Hosts in March: Kathy Lummus - Thank You!

LCC Club Jersey Ordering

Although the free shipping option has passed, the site for ordering LCC themed jerseys will be open all year. The new 2025 design is pictured below, along with a link to the store. There are other designs and styles available.

[Home](#) | [Ridebiker Alliance](#) | [A National Alliance for Bike Riders](#)



Online Membership Sign-up & Dues Renewal Available Now

Renew your individual, family, and/or business memberships online now. The link to the renewal page on the LCC website is below.

[LCC Membership](#)



Help Plant 385 Trees along the High Trestle Trail

The [Iowa Woodland Owner's Association](#) has donated \$2,655 to plant **385 trees** for a memorial planting for Dave Bartemes, along a section of the High Trestle Trail to bring back native tree species and to create shade and beauty along the trail for years to come.

High Trestle Trail tree planting will take place the week of April 14th. Registration will be managed by Polk County Conversation, and volunteer registration this link: [High Trestle Trail Tree Planting - Polk County Iowa](#)

LCC March Social

The club social on 4/23 at the Pin and Pixel was very well attended, and it was great to hear Rory speak about his products and to try on bike jerseys for size. Here are a few photos from the event. There members present not captured in the photos. Thanks to Kelly and Angie for arranging the venue and having the jersey vendor present to speak.





Upcoming LCC Rides

Weather, Route, and Host Dependent

-Wednesday daytime rides have started and usually are typically hosted by Kathy Lummus. Route, time and start location are posted on Facebook a few days before the ride.

Date	Description	Official?	Signup Genius?
	Rides (official and not)		
5/3	DSM Mayor's ride	N	N
5/3	Pedal with the police	N	N
5/4	Ride to IA Cubs game	Y	N
5/10	New/prospective members ride (novice ride around Ankeny)	Y	N
5/17	Saturday ride	Y	Y
5/24	BRAG ride (Bike ride around Greene Co)	N	N
5/29	Weekly Thu rides thru Aug 21 (start time 6pm)	Y	Y

See the LCC Website for the full list [Lake Country Cyclists Website](#)

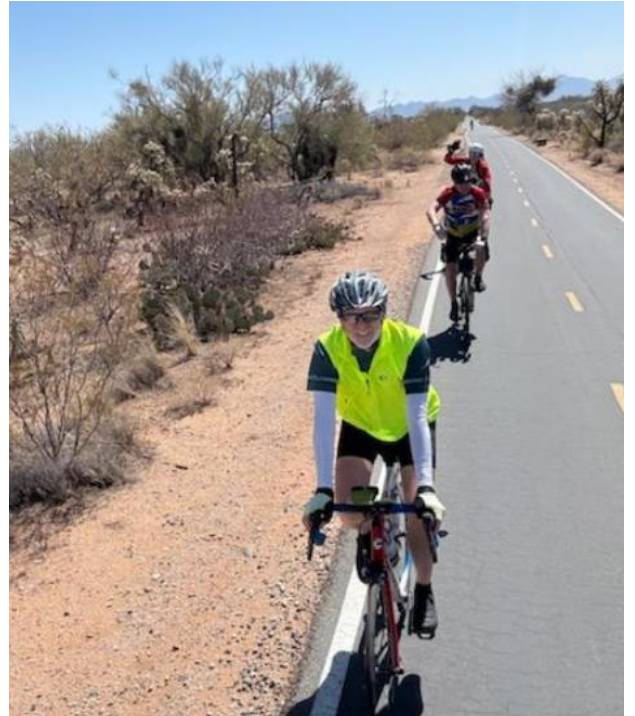
Mark

A note from Dave Beecher on the newsletter: I welcome input and photos, from LCC rides, your out-of-town trips, and photos you wish to share. Thanks! communications@lakecountrycyclists.com

Photos from Arizona by LCC Members



Photos from Arizona by LCC Members



Special thanks to our Business Members



[RynoVelo Bike Shop](#)



[Rock Valley Physical Therapy](#)



[Locations - Iowa - Athletico](#)



[Uptown Dairy](#)



[Kyle's Bikes | Ankeny, IA](#)



[Taproom | Firetrucker Brewery](#)

LCC Provides Support to the following:



[BIKEIOWA](#)



[Iowa Bicycle Coalition](#)



[Street Collectives](#)



[Dream Team](#)

2025 Board Members

President: Jim Rasmussen	president@lakecountrycyclists.com
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